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Bike Rally in Sturgis will be held this week

The annual Kentucky Bike Rally will be held this weekend in nearby Sturgis. Formerly known as the Little Sturgis Bike Rally, the event was forced to change its name a few years ago due to copyright issues. Gates at the Union County Fairgrounds where the rally will be held are opening at 10 a.m., Wednesday. The event, which is closed to anyone under 21 years old, will include RV and tent camping on site. The yearly rally increases traffic on Crittenden County highways and backroads and typically causes long lines at the Cave In Rock Ferry. The event, which includes concerts and other adult activities, closes out on Sunday.

Copperas Springs will be closed until July 21 for repairs

From now though Friday, July 21, Copperas Springs Road in rural Crittenden County will be closed to traffic for one-quarter of a mile starting at the intersection with James Conger Road to just south of the Piney Creek Bridge. County Road Department will be conducting base repair work on the road. It was closed starting at 8 a.m., Wednesday. There are no homes in the work zone, so no traffic will be permitted until all work is complete.

UPCOMING MEETINGS

- Marion City Council will meet at 5 p.m., Monday, July 17 at city hall.
- Fredonia City Council will meet at 7 p.m., Monday, July 17 at city hall.
- Salem City Council will meet at 5 p.m., Tuesday, July 18 at Deer Lakes meeting room.
- Crittenden County Fiscal Court will meet at 8:30 a.m., Thursday, July 20 at the courthouse.
- The Lions Club Fair Car Show will be held Saturday, July 22 at the fairgrounds.
- Crittenden-Livingston Water District will meet at 4 p.m., Monday, July 24 at Deer Lakes meeting room.
- Crittenden County Board of Education will meet at 5:30 p.m., Tuesday, July 25 at Rocket Arena.
- Chamber After Hours will be held from 5-7 p.m., Thursday, July 27 at First United Bank on Main Street in Marion.

Circuit clerk moving, county clerk stays put

Crittenden Circuit Clerk Melissa Guill will be closed next week while the office moves about a half a block away to 208 South Main Street. Crittenden County Clerk Daryl Tabor's office will remain at the courthouse for the time being, along with other county offices, including the sheriff, county judge and PVA. Read more on page 4.

No matter your generation or which platform you prefer, The Press is there bringing you news and sports in a timely fashion. Join us online today!

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\$60 Million Expansion Plan

Livingston Hospital's project one of largest in the state

STAFF REPORT
Livingston Hospital has announced a major expansion and renovation project that will be one of the largest recent investments in rural healthcare in Kentucky, and perhaps the greatest economic development project ever in the broader Salem area.
The affects of this \$60-million investment will be felt throughout the region, said Amanda Davenport, Economic Development Director for the Lake Barkley Partnership, which serves Livingston, Crittenden, Lyon and Caldwell counties.
"This is the biggest announcement across our four counties in years, certainly in the last five years that I have been here," Davenport said. "It cannot be understated how big of a deal this is for the communities in this area."
Livingston Hospital says the multi-million-dollar project will grow its

healthcare facility in Salem, including a complete modernization of its 25-bed hospital, and expansion of ambulatory services throughout Livingston and Crittenden counties.
The hospital had recently also announced a new presence in Marion with development of a healthcare clinic on the south side of Marion, which is scheduled to open Sept. 1 and will include two nurse practitioners and a mental health practitioner.
Work is set to begin within the next year on the project in Salem, according to a news release issued by the hospital on Tuesday. Plans include space for expanded services, including more operating rooms, an oncology and infusion



area, nuclear medicine, MRI, 3D mammography, DEXA scans and cardiac rehab. There will also be newly-renovated all-private rooms and an inpatient therapy center.
"Livingston Hospital has been here to meet the health care needs of our community for nearly 70 years," said CEO Shane Whittington. "This expansion and modernization will further enhance our ability to provide quality surgical and hospital-based care to patients in Livingston, Crittenden and Lyon counties, keeping them close to home."
In January 2022, Livingston Hospital announced a landmark healthcare deal for the area by creating a formal affiliation with Deaconess Hospital of Evansville, Ind. With more than 180 employees, Livingston Hospital is one of the largest employers in the area. In
See **HOSPITAL**/page 4

Senior Living in Marion



Special Senior Living Section Pages 8-12

Hutch Goad shows no sign of slowing at age 72.

- PICKLE BALL
yoga
Jogging
- GOLF
Biking
- fishing
WALKING
- kyaking
- BILLARDS
SWIMMING
- hiking
The Gym
- HUNTING

More Opportunities Than Most Realize

BY CHRIS EVANS
PRESS EDITOR
In a book he published a few years ago, 90-plus-year-old Dick Van Dyke pointed out that being active is the key to aging gracefully. Despite his advanced age, the longtime actor wrote in "Keep Moving: And Other Tips and Truths About Aging" that he went to the gym at least three days a week. Admittedly, he explained that once there he doesn't do too much, but he goes, and that is what's important.
Seniors will find more opportunities than they can imagine right here in Marion and Crittenden County. At 72, Hutch Goad is something of a local ringmaster. He's involved in organizing or participating in a number of regular possibilities for seniors, including pickle ball at the former National Guard Armory and yoga at



Ron Guess, Kathy Gobin and Glenda Chandler strike a yoga pose during a recent session at Mulligan's Restaurant at The Heritage.

Deaths

Morris

Linda L. Morris, 84, of Marion, died Thursday, July 6, 2023 at Baptist Health Paducah. She was a member of Emmanuel Baptist Church.



Surviving are five step-children, Jerry Morris of Indiana, Jay Morris of Princeton, Jeff Morris of Alaska, Joni Durfey Truitt of Marion and Jon Morris of Marion; seven step-grandchildren, several step-great grandchildren and several nieces and nephews.

She was preceded in death by her husband, Joe Morris; a step daughter, Janel Morris; her parents, Howard and Charles Ora Fritts; four brothers and three sisters.

Services were Monday, July 10 at Gilbert Funeral Home with burial in Crooked Creek Cemetery.

Smith

Shirley (Doom) Smith, 85, of Moberly, Mo., died Monday, May 29, 2023 at Mark Twain Assisted Living.

She was born Oct. 8, 1937 in Salem just before her fraternal twin, Hazel Doom. Her parents were George Washington and Iva Martha Shewcraft Doom. Twins were very unusual in that era and many folks came to see the new babies. Their father was also a fraternal twin with Francis Marion Doom, born in 1884.

She was preceded in death by four brothers, Vernon, Raymond, Harland and Lawrence; and two sisters, Margery and Martha.

As the twins required more attention in a busy household, Lawrence (12) and Martha (9) had to become early caregivers. Lawrence would always take care of Hazel, and leave Shirley for Martha (Sister) to handle. Shirley was a little chubbier and more of a challenge.

When George and Iva married in 1915, he was 30 years old, she was 16. Eight children were born to

this marriage between 1917 and 1940.

Shirley had more of a take-charge personality. She was a little shorter than her twin, and had curlier hair. She attended Salem High School, and the summer before her senior year she married CJ Smith of Livingston County. He was serving in the U.S. Air Force and was stationed at Camp Whiteman in Missouri. She returned to live with her parents to finish her high school education and was part of the last class to graduate from Salem High School.

She performed a beautiful solo at her graduation ceremony.

Shirley and CJ made their home in St Peters, Mo.

They welcomed three children, Michael in 1957, Sharon in 1964 and Cynthia in 1967. Unfortunately, this marriage didn't last, and they were divorced before 1973.

Shirley was an expert seamstress and a good cook. She made money by sewing and doing alterations, and her work was total perfection. Later, her sister-in-law, Dottie, helped her secure a job with General Motors Parts in Hazelwood, Mo.

She continued to live in St. Peters until her health declined, and she moved to an assisted living facility in Moberly, close to her daughter Sharon. In later years, she suffered from diabetes, dementia and glaucoma, and lost a lot of her vision.

Shirley had six grandchildren, Laura, Bon, Kaila, Ashleigh, Kendell and Michael; and five great-grandchildren, Addison, James, Caleb, Zander and Killian. She was able to meet her newest great-grandchild the week before her death.

Memorial graveside services were Saturday, July 8 at Salem Cemetery with Rev. John East officiating

Boyd Funeral Directors and Cremation Services was in charge of arrangements.

Jepsen

Thomas "Tommy" Monroe Jepsen, 58, of Sturgis, died

Thursday, July 6, 2023 unexpectedly at his home. He was born in Chicago Nov. 22, 1964 to the late Norma Jean and Paul Mathias Jepsen, Jr.

He was a carpenter for 30-plus years, enjoyed fishing, arrowhead hunting and collecting knives and coins. He loved his children and grandchildren.

Surviving are his children, Shay (Daniel) Sanders of Marion, Chris (Whitney) Jepsen of Marion and Tala (Richard) Coleman of Evansville, their mother, Julie Jepsen of Evansville; nine grandchildren, Tommy, Tyler, Audrina, Adalynn, Elexis, Nevaeh, Raley, Sampson and Cree; three siblings, Debbie Newcom of Sturgis, Cindy (Julio) Wallace of Sturgis and Paul "Butch" Jepsen of Henderson; and many nieces, nephews and cousins.

He was preceded in death by his parents; and a brother, Ricky Jepsen.

Services were Sunday, July 9 at Gilbert Funeral Home with burial in Sullivan Community Cemetery.

Barkau

Lawrence William "Bill" Barkau, 75, of San Diego, Calif., ended his battle with pancreatic cancer on Tuesday, July 4, 2023.

Surviving are a nephew, William "Bill" (Rita) Rushing of Humble, Texas; and a niece, Gina Rushing (Sam) Byrd of Tybee Island, Ga.; several great-nieces and nephews; and many loving friends.

He was preceded in death by his parents, Charline and Lawrence Barkau of Marion; a sister, Doris Barkau Rushing of Marion; and a nephew, Kenneth Nicholas Rushing of Tybee Island, Ga.

A Celebration of Life will be at 11:30 a.m., Thursday, Aug. 10 at Yanni's Bar & Grill, 12015 Scripps Highlands Dr., San Diego, CA 92131.



Leader lesson

Group views problem-solving approaches

STAFF REPORT

Crittenden County Chamber of Commerce put its members to the test to determine their problem-solving styles.

Mother/daughter duo Stacy Hunt and Shanna West presented information about the Basadur Profile, which uses four types of leadership qualities to help optimize workplace performance.

About two dozen people attended a leadership breakfast Wednesday, June 28 at Rocket Arena and used hypothetical workplace productivity issues to test the group's problem-solving approaches.

The four types of employees Hunt and West defined from the Basadur Profile are those who are generators, conceptualizers, optimizers and implementors. Every



Crittenden County Chamber of Commerce president Shanna West addresses attendees of the organization's recent leadership breakfast.

employee in the workforce falls into one of these categories.

Simply put, generators come up with ideas; conceptualizers define problems and understand the big picture; optimizers turn ideas into solutions and plans; and implementers get the project done.

Using humorous examples of their personality styles, Hunt and West also brought their husbands into the conversation and gave participants a glimpse into the two couples' management style at H&H Home and Hard-

ware. Through training and seminars during the past couple of years with Do It Best, West was introduced to the Basadur Profile, which helps individuals in management roles to collaborate and build on each other's strengths.

In small groups, Chamber members worked through a fictitious workplace problem, came up with solutions and outlined ways to fix the problem.

Breakfast was catered by La Delicia Mexican Grill.

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Wildlife feeding prohibited through end of this month

Crittenden County Conservation Officer Randy Conway reminds sportsmen and wildlife watchers that feeding wildlife laws have changed. Starting this year, feeding deer, turkey or any other wildlife is prohibited between March 1 and July 31. The regulation was changed in order to decrease potential exposure of wild animals to disease, including Chronic Wasting Disease, which has never been officially found in Kentucky but was confirmed in a Tennessee border county a couple of years ago.

This new administrative regulation establishes restrictions on the feeding of wildlife to protect them also from toxic substances that may cause harm to the wildlife population if left unregulated. Corn can be toxic to animals, particularly young turkey poults. Exceptions include public areas not open to legal hunting or trapping, areas within the curtilage (immediate area) of the home, and in a zoo or other facility that lawfully keeps or exhibits wildlife for rehabilitation, rescue or public viewing.



Crittenden County 4-H Emerald Club conducted a Community Service Project Day recently when members cleaned welcome signs that greet motorists at Marion's city limits. The club was assisted by Woodmen Life Chapter 92, which donated cleaning solvent used on the granite signs. Nine members participated in the project under the leadership of volunteer Brandi Potter. After cleaning welcome signs, club members visited the Veterans Walk of Honor at Blackford before returning to the county Extension office where they ate lunch and practiced for a Civics Bee that will be held during the Kentucky State Fair, which begins next week.

ACTIVE

Continued from page 1

The Heritage. There are various other opportunities right here in Marion, including a free weekly exercise class at the Senior Citizens Center led by personal trainer Serena Dickerson and a park walking group organized by Extension agent Rebecca Woodall. Then there is golf, swimming, disc golf at The Heritage, fishing opportunities on local ponds, streams and rivers and plenty of rural roadways for safe biking.

Goad also uses a smartphone app called Meet Up that helps him find kayaking and hiking groups and other activities in the region. Land Between the Lakes has an active group of seniors, he said, that meets for all sorts of events.

The nation's fastest growing senior game is pickle ball and Goad says it's gathering steam here. In fact, there's a movement to build an outdoor court, too, at the armory. Right now, the indoor court is used every Monday night. As many as 20 people show up, Goad said, and he's trying to get more younger people involved. The group is currently made up of mostly men and women 55 and up.

Yoga is another activity that has gained a good following in Marion. There's a group that meets regularly at Mulligans. After scooting a few of the tables out of the way, the restaurant's dining room becomes a place for stretching and meditation.

One of the yoga participants is Vicki Campbell, who is retired from health-



Seniors play pickle ball inside the former National Guard Armory every Monday.

care after years at Crittenden Hospital. "Yoga keeps me active. Otherwise, I would sit around and read all day," she said.

Glenda Chandler is 80 and going strong. She says it's largely thanks to staying active. Her blood pressure runs around 90 over 60.

"When I am not here, John May is the oldest one," Chandler says with a chuckle. "I do this to stay limber and keep my balance so I am able to take care of myself and keep up with the grandkids."

There are others in the group, both male and female. Ron Guess is 69 and he says yoga "keeps stuff loosened up" for him.

"I wish I would have started earlier than I did," said Guess, who's been participating in yoga for about a decade.

Goad and Dickerson both say that ex-

ercise is a lifestyle and once you start, there will be no quitting. Whether it's low-impact exercises like walking or more intense aerobics through exercise or pickle ball, Goad recommends starting slow.

"They say if you do something for two weeks it becomes a habit. Start slow and if your body hurts slow down more. You need to make it enjoyable. Don't make it a job."

As a personal trainer, Dickerson has accepted many new clients and she seldom loses one because they gave up.

"Almost everyone who started in their 50s or 60s is still with me, some for more than 12 years," she said. "They stick with it because they see really quickly what exercise can do for them. It allows them to get in the floor with the grandkids, prevent their back from hurting while washing dishes or bend-

ing over to garden or work in their flower beds."

The free class at the senior center is followed by lunch at the facility, which Dickerson said works very well. Some of the clients exercise in a chair or even a wheelchair.

"We work on flexibility, strengthening the core and larger muscle groups," she explains. "We do just some very basic exercises needed for functional fitness so they can keep every-day life smooth."

Goad's grandfather was a college football player and his mother was a tennis star. He started playing sports at a young age, but didn't like baseball too much. Golf was his passion and he eventually earned professional status, carrying a PGA Apprentice Card for a time. Since retirement as a golf club pro, Goad has tried to remain as active as possible. He said it keeps the body and mind in shape.

"Just going and doing something can help fight depression," he adds.

Finding something to do isn't too hard. There are multiple gyms in the community, including Fitness 24/7, which has about 170 active members over the age of 60, according to owner Valerie Newcom.

Just look around, Goad says, there are opportunities galore and even coaches available to help you. He's hiked Land Between the Lakes, Mantle Rock and other wildlife areas with trails and kayaked the Clarks Rivers, Reelfoot Lake and bays on Barkley Lake.

Getting started is the toughest part, says Goad, keeping going becomes much easier once the first step is taken.



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Paving work on US 60 delayed

A contractor for the Kentucky Transportation Cabinet (KYTC) has postponed plans for milling and paving along a section of U.S. 60/Sturgis Road east of Marion in Crittenden County that was expected to start this week.

Due to heavy traffic anticipated during the West Kentucky Bike Rally at Sturgis, which runs through Sunday, the contractor has chosen to delay the start of work until a later date.

County clerk says office not among movers

“No, we are not moving ...at least not yet,” Crittenden County Clerk Daryl Tabor posted on the office’s social media site early this week.

“Crittenden County Clerk’s office will remain at our courthouse location for the time being, as well as the sheriff, PVA and judge-executive. Only the circuit clerk and court system is moving out this month. This is their last week in the courthouse.”

Tabor said the post



was made because several citizens had expressed confusion over which offices are currently on the way out of the courthouse and which ones are staying for now.

Circuit Clerk Melissa Guill’s office and services will be closed next week to facilitate its move to 208 South Main Street. That will become the circuit, district and family court offices while the existing courthouse is torn down and a new justice center built.

The county clerk, which deals with motor vehicle registrations, license plates, land records, elections and other duties, will remain in the courthouse, at least for a few more weeks. The county clerk, PVA, sheriff and county judge-executive offices will be moving to the former Marion Ed-Tech Center. Those offices were supposed to have moved last fall, but delays in renovation and expansion of that building stalled the plans. The latest projected move date for county offices is July 28; however, that date

remains a bit tenuous at this time.

There will be no district, circuit or family court proceedings held during the week of July 17-21 while the courts and circuit clerk move to the new temporary location about a half a block away. Crittenden County Circuit Court Clerk will reopen at its interim site at 208 South Main Street on Monday, July 24. All court proceedings beginning July 25 will be at Marion City Hall’s council chambers.

Sports bets will begin in Sept.

Sports betting in Kentucky will begin Sept. 7 to coincide with the NFL kick-off and the college football season, followed by the launching of mobile apps on Sept. 28.

After years of debate about sports betting in Kentucky, the General Assembly passed bipartisan legislation in March and Gov. Andy Beshear signed the bill to legalize wagering.

Kentucky’s licensed horse racing facilities can apply for the first retail sportsbook licenses at their main locations or at a licensed satellite location. Each licensed facility will also be permitted to partner

with up to three marketing platforms for mobile wagering.

Kentucky Horse Racing Commission is handling the regulatory and development of sports wagering in the state. The governor anticipates \$23 million in revenue to the state during the first year of operation, which will grow in future years.

Project board meets virtually

Due to the 4th of July holiday conflicting with the regularly scheduled meeting of the Crittenden County Project Development Board, the group will now meet virtually at 4:30 p.m., on Thursday, July 13. A link for this meeting can be obtained by calling the Crittenden County Judge-Executive’s office at 270-965-5251. The board is overseeing planning and construction of the proposed new Judicial Center.



CCES student Aladin Aguilar displays medals from her AAU national championship performance.

First-year gymnast earns national crown

STAFF REPORT

Crittenden County fourth grader Aladin Aguilar ended a stellar first year in gymnastics late last month, becoming the Level 2A AAU National Champion.

The AAU Nationals were held in Orlando June 29 through July 3. Aguilar earned the highest score in all categories including vault, bars, beam and floor routine. Her combined score of 39.375 landed her first place in her division.

She scored 9.65 on vault, 9.956 on bars, 9.9 on beam and 9.87 on floor.

This is her first year of competitive gymnastics. She practices at Big Dogs Gym in Providence.

She is the daughter of Anthony and Alivia Shewcraft-Aguilar of Tolu. She qualified for the national event by winning a regional title in Pigeon Forge in May.



10 YEARS AGO

July 11, 2013

■ Meredith Hall became the Crittenden County Agent for Agriculture and Natural Resources for the University of Kentucky Cooperative Extension Service. A Henderson native and resident of Sturgis, Hall assumed the position on July 1 and expressed that her main focus was to support local farmers. She began the job eager to meet and work with row crop and livestock producers in Crittenden County and to help troubleshoot issues relating to horticulture and landscaping.

■ The Community Victory Garden shared produce during its weekly giveaways with a flurry of activity. Though the first produce handout was slated to start at 9 a.m., people lined up shortly after 8 a.m., to receive free vegetables grown at the community-driven garden plots. The garden was not only a success with the community but with the inmates as well. Former inmate Patricia Mays returned to the garden to volunteer her efforts this year because of the change gardening made in her life. Mays said the gardens changed the way she looked at things.

■ Greg Maddux, M.D., a family physician in Marion, was recertified as a diplomat of the American Board of Family Practice, the independent certifying body for the specialty of family medicine. Maddux maintained diplomatic status by passing the ABFM’s exam of the six major medical areas that comprise the specialty of family medicine: pediatrics, obstetrics and gynecology, internal medicine, psychiatry and neurology, surgery and community medicine. Maddux, a native of Salem, graduated magna cum laude from Murray State University in 1972 and received his M.D. from the University of Louisville School of Medicine in 1976.

■ Crittenden County’s Bombsquad softball team won the league championship and post-season tournament. The league consisted of teams from Crittenden, Caldwell and Dawson Springs. The girls were 10-2 on the season. Players were McKenzie Quermorous, Cortne Curnel, Kacie Easley, Lily Hester, Raylee Belt, Kate Keller, Josie Tapp, Nahla Calloway, Lilly Perryman, Belle Minton and Abby Kirk. The Bombsquad was coached by Mike Keller, Robin Curnel and Chad Perryman.

■ Athletes from Tumble Extreme’s tumbling team performed well in the USTA Nationals at Fort Lauderdale Fla. Results were as follows: Britney Minton, Rod Floor 15th, Double Mini 18th and Trampoline 21st; Sissy Collins, Rod Floor 8th, Double Mini 31st and Trampoline 18th; Riley Summers, Rod Floor 13th, Double Mini 11th and Trampoline 4th; and Belle Minton, Rod floor 32nd, Double Mini 15th and Trampoline 8th.

25 YEARS AGO

July 9, 1998

■ Campaign spending reports filed following Crittenden County’s May primary indicated those who spent the most lost their election bids. The race for judge-executive proved to be the costliest as a combined total of \$11,738, was spent between the five candidates seeking their respective parties’ ticket. Democratic challenger Roy Joe Head, who was unsuccessful in obtaining the party’s nod for county judge spent the most of any candidate \$5,702.

■ Percy Cook, a chairman of the Crittenden County Historical Society, donated a Carnegie Hero Medal to the Bob Wheeler Museum. The medal was awarded to Cook’s father I. Walker Cook in 1913 after he saved J. Glenn Springs from drowning. The Carnegie Hero Fund was established on April 15, 1904 by industrialist Andrew Carnegie to honor people who risked or lost their lives while trying to save others.

■ Farmers Bank and Trust Co. announced the addition of Morris Hodge to the bank’s board of directors. Hodge had served at the bank and in the community in numerous capacities and assumed his director’s duties as of July 1. Hodge was also senior vice president, senior trust officer and security officer for the bank and was in charge of operations. He replaced Glenn Walker who retired from the bank board.

■ Big Buck Bowhunters members Craig Gilland and Bruce Bauer presented a \$650 check to local American Cancer Society president Helen Lewis. The money was raised during a Sports Against Cancer bow shoot in Crittenden County.

25 YEARS AGO

July 28, 1973

■ A.Y. Hodge Jr. of Sullivan was hired by the Crittenden County Board of Education as principal at Crittenden County High School. Hodge, 33, had spent 13 years in education. His previous employment was with the Webster County School System where he worked as a social worker.

■ County 4-Hers toured the Land Between the Lakes. While at the recreation area, the group conducted a scavenger hunt. Winners of that event were Debra Thomas, Sandra Boone, Doris Wilbanks, Joan Sanders, Karen Belt, Linda Horner and Sandi Buntin.

■ The days of the city dump were announced to be numbered. It was predicted that the state would force the city to begin operation of a sanitary landfill within the next three years. All burning was prohibited at the dump. The dump was open five days a week, and the city kept the rubbish bulldozed back.

Read Brenda Underdown’s Forgotten Passages column at The Press Online

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Rare 2-plus-1 design would highlight new US 641 route

STAFF REPORT

Design of the second phase of a US 641 alternate route from Marion to I-69 is coming to a close and construction could begin in 2027, according to Kentucky Transportation Cabinet officials who hosted a public meeting Tuesday in Fredonia.

The proposed 9.2-mile section between Fredonia and Eddyville will complete the project. The first phase from Marion to Fredonia was opened Dec. 6, 2018 after six years of construction.

Part of a broader plan to improve US 641 from where it starts in Marion to the Tennessee State Line south of Murray, this final leg of the project in Caldwell and Lyon counties will include an innovative 2-plus-1 design with alternating passing lanes every mile or so. This will be the first highway of its kind in western Kentucky, similar to highways with periodic truck hill-climbing lanes that are common on interstates and highways through mountainous or hilly areas.

The highway was originally conceived as a four-lane with a grass median. The new 2-plus-1 plan will support traffic projections, state officials said. It will also take less time and money to build and be less intrusive for property owners because less area is needed.

Chris Kuntz, the Transportation Cabinet's project manager for the new highway, said connectors to state highways 70 and 91 were also redesigned since the first proposal a few years ago. The new plan does not take as many homes or land, he explained.

Maps provided at Tuesday's meeting were detailed so landowners

could see exactly where the highway would be in relation to structures, property lines and other improvements.

While the period for written comment remains open until Aug. 15, the route is virtually fixed other than some minor tweaks, according to transportation officials. The route will be very similar to one introduced in 2019 at a public meeting in Fredonia. The newest plan will claim five homes and split seven or eight farms, Kuntz said.

The highway will run east of Fredonia beyond the ballpark and city cemetery. Most of the homes affected by the project would be between the stopping point of the current super two-lane road from Marion and where it loops east of Fredonia. That is also where about half of the farms would be divided. Most of the homeowners and landowners that will be impacted by the new highway have been aware for a few years.

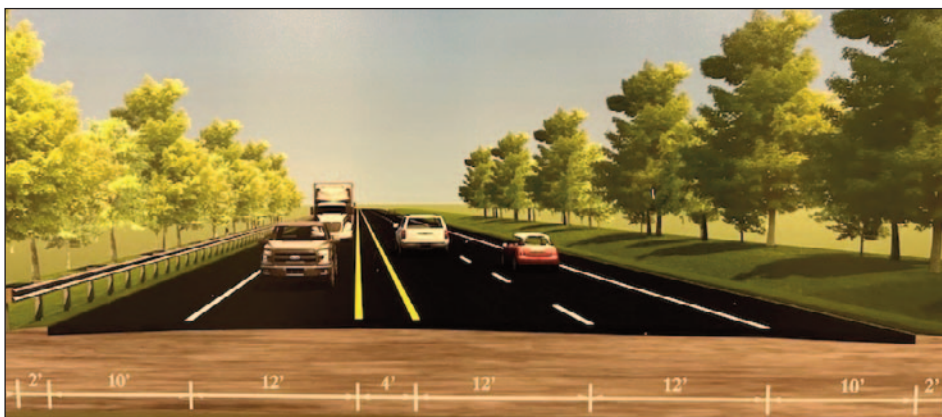
Much of the southernmost part of the highway in Lyon County would cross unpopulated areas with about 2.25 miles going through state-owned property around the West Kentucky Correctional Complex. It would connect to US 62 near the I-69 interchange east of Eddyville.

The Department of Highways budget has \$6.5 million for property acquisition, and another \$31 million would be appropriated for building the highway. It could be open as soon as 2030.

A large number of residents, some of them landowners impacted by the roadway, attended the two-hour, come-and-go informational meeting.

Literature provided by

the Department of Highways pointed out that the project would enhance safety and mobility for residents, visitors and commercial vehicles. A looping video also noted that among other benefits would be reliability of travel times along the corridor and greater chance for economic development. The existing highway between Fredonia and Eddyville is not certified for large commercial vehicles.



Design for the highway between Fredonia and Eddyville uses a novel-for-Kentucky 2-plus-1 configuration. Separated by a four-foot double-yellow center lane, traffic would move along a double lane in one direction for about a mile then merge into one lane for another mile or so before returning to two lanes. Passing would be permitted only in the two lanes separated by a broken white line. Transportation officials say this type of road is more common in mountainous or hilly areas, commonly called a “truck lane.” Kentucky has very few of these type highways outside of the mountains of eastern Kentucky. The nearest is a new highway built in Taylor County. The photo above is a rendering of what the highway would look like with a scale at the bottom describing lane widths. Shoulders would be 10 feet wide, lanes 12 feet.

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SCAN ME

NOTICE TO CRITTENDEN COUNTY TAXPAYERS

Crittenden County Clerk Daryl K. Tabor, pursuant to KRS 424.130, announces that 2022 Delinquent Real Property Tax Bills (Certificates of Delinquency) will be published in The Crittenden Press on Thursday, July 20, 2023. The list of Certificates of Delinquency is also available for public inspection between the hours of 8 a.m. and 4:30 p.m. each weekday at the County Clerk's office located in Crittenden County Courthouse, 107 S. Main St., Ste. 203, Marion, Ky. This list may also be inspected on the Crittenden County Clerk's website. The Uniform Resource Locator (URL) of the website is crittenden.clerkinfo.net.

The tax sale will be held Wednesday, Aug. 23, 2023, beginning at 9 a.m. CDT. All interested participants must register with the County Clerk's office by the close of business on Friday, Aug. 11, 2023. Please contact the County Clerk's office or visit crittenden.clerkinfo.net if you need more information about the tax sale registration process, the required registration fee or the deposit amounts needed. Taxpayers can continue to pay their delinquent tax bills to the County Clerk's office any time prior to the tax sale.

Please Note: All payments must be *received* in the County Clerk's office *prior* to the tax sale date listed in this advertisement. Payments received after the tax sale has been conducted will be returned without exception. Personal and business checks are *not* acceptable forms of payment.

Some delinquencies, although they have been advertised, will be excluded from the tax sale in accordance with the provisions of KRS 134.504(10)(b).

If you have any questions, please do not hesitate to contact Crittenden County Clerk's Office at 270-965-3403.



Deer Creek had one of the nicer school houses with good desks and a blackboard. The old school houses seen in these photos were made in the late 1970s by Braxton McDonald as he was gathering information for the history of Crittenden County Schools.



Rev. Price seemed impressed with the Chapel Hill School and Mr. A. C. Cruce, the teacher. He had good things to say about the teaching going on here. This picture was made not long before the old building was torn down in the late 1970s.

Commissioner reports 1879 school conditions

For some very early history of our county schools, let's visit around the countryside with county school commissioner Rev. James F. Price. We find our county school commissioner bundling up against the cold, packing his traveling supplies, climbing on his horse and heading out to visit his first school of several on this trip,. He shares with us his findings. These interesting reports are from the archives of The Crittenden Press in the year 1879.



Brenda Underdown
County Historian
Forgotten Passages

Cookseyville School.
October 21, I visited Cookseyville School, G. W. Hall teacher. I found a very good school though not very large in the number of pupils. The school has only averaged about 20. This is Mr. Hall's first school, but he evidently shows ability as a teacher; he keeps very good order and teaches very thoroughly. This district is not far advanced in education, but the teacher works faithfully among the little fellows endeavoring to advance them; he gives them many drills besides the lessons they recite from the textbook. The school house is not so good as desired, but it does better than some. I spoke that night to a few of the citizens, and after Mr. Hall and Mr. Rushing each gave a talk.

White Hall School.
October 22, visited White Hall school, Emma C. Hayward teacher. I found a small school, only averaging about 15; this is a large district and it has a very good school house, but the patrons are very much wanting in the interest of the school. The government of the school is tolerably good, there is no whispering except by permission; the instruction is not so thorough as desired in some of the branches. I talked that night to most of the pupils and about four of the patrons of the school.

Owen School.
October 23, I visited the school in the Owen district, P. B. Walker teacher. I found a very small but interesting school; the average number in attendance is only about 10. The teacher is instructing them as thoroughly as his qualifications will admit; he keeps very good order in the school, and the students seem to take an interest in their studies. They have a very bad house, entirely uncomfortable and insufficient in every respect for the comfort and advancement of the school.

Sisco Chapel School.
October 24, I visited Sisco Chapel School, Willie Adams teacher. I found the school small on account of protracted meetings, but the pupils who were present seemed to be taking an interest in their studies. Mr. Adams seems to be giving general satisfaction in the district; the average attendance is about 18. There is not very much whispering in the school; this district has a very good school house, built for both a school and church house. The patrons of this district, as in many others, do not send their children regularly.

Union School.
October 25, I visited Union School, Miss Irene

Cole teacher. I found one of the best schools I yet had the pleasure to visit; the school has averaged 40 pupils. The order and system of the school is very good, but very little whispering or disturbance of any kind is found in the school. The teacher is alive to her duty; she is one of those live, energetic teachers that would infuse spirit and vitality into any school. She has the firmness and indomit-

able will to govern a school without difficulty; added to these qualifications for governing is a spirit of kindness which restrains the students without violence. The instruction is through and practical, the pupils are advancing very rapidly in their studies, and are understanding it as they go. Map drawing is taught in a very systematic manner. About \$50 will be raised to assist in paying the teacher. The schoolhouse is not so good as desired but we hope the community will erect a good house before long. This is a good community, one that is taking an interest in education, and it is to be hoped that they will raise the standard of education still higher.

Chapel Hill School.
October 30, I visited Chapel Hill School, A. C. Cruce teacher. I found a very good school and one in which the students are making rapid advancement. The average attendance is about 30. The teacher is alive to his work and instructs his pupils thoroughly in the fundamental principles. He has some obstacles with

which to contend, one is that he is hampered up in a schoolhouse which is not sufficient to supply the wants of the district. The discipline of the school is very good, whispering is prohibited except by permission. The children of this district are somewhat advanced in education, the teacher has classes in physiology, higher arithmetic, higher algebra, Latin reader and geometry. That night I lectured to the citizens of the district, after which A. C. Cruce entertained the audience with an interesting speech.

Glendale School.
November 17 I visited Glendale School, E. M. Rousseau teacher. It rained me out this day so that I did not get there until late, and as the very unfavorable day prevented many pupils from attending, I did not have a good opportunity to see the character of the school, but from my own observation and from what I could gather from the teacher and trustees, I think they have a splendid school. The average attendance is 44; the school seems to be progressing well; the teacher is manifesting a great interest for the school and his instruction is very thorough.

You need not say whispering cannot be prohibited in school for we have a test of it here; the teacher does it by means of the merit roll. Whenever any one whispers, he or she is deprived of recess the next day. You may say that the pupils act perfect, but when they are not, the teacher watches them very closely and if he ever finds one practicing deception upon him in that way, he deprives that one of recesses two or three days or until he thinks that the pupil will

tell the truth. This, I am informed, for the last six weeks the school has been without whispering. Some students are pursuing studies beyond the common school course. The patrons seem to be very much interested in the school, they have a very good schoolhouse, but not sufficiently supplied with blackboard to accommodate the school.

Deer Creek School.
On Nov. 24, I visited Deer Creek School, T. M. Larue teacher. I found a very good school, average attendance 23. Very good order is kept in the school; the instruction in some branches is not thorough as desired, yet the teacher is trying to discharge his duty faithfully and to the very best of his ability. The patrons are well pleased with the success of the school. As in other districts, the great evil of irregular attendance is injuring the school more than any other thing. In dismissing the school, he allows the girls to pass out first, then the boys. They have a very good schoolhouse recently built and furnished with good desks, blackboards, and a hall to deposit their wrappings and dinner pails.

Quite a long and tiring journey around the county on horseback and in all kinds of weather. But to make sure the schools were doing their best, the school commissioner took it all in stride and even lectured to the students and parents at night. *(Brenda Underdown is chair of Crittenden County Historical Society and a member of Crittenden County Genealogical Society. Much more local history can be found at OurForgottenPassages.blogspot.com).*

Vacation Bible School

Preschool-6th grade

Friday, July 21, 6-8 p.m.
Saturday, July 22 9 a.m.-3 p.m.
Lunch provided Saturday.

Exciting music, amazing science, creative crafts, fun recreation, and memorable Bible stories that will help children work together and join God in helping others.

Marion United Methodist Church
112 S. College St., Marion KY
Learn more about Hero Hotline VBS by calling (270) 965-4580 or visiting our website marionkyumc.org

PUBLIC HEARING

A public hearing will be held during regular session of the Crittenden County Fiscal Court at the courthouse on Thursday, July 20, 2023, at 8:30 a.m. for the purpose of obtaining citizens comments in regard to the Ordinance pursuant to KRS 67.045 adopting the report of the reapportionment commission and re-establishing the boundary lines of the existing justices of the peace districts and adopting a map of same.

All interested people are invited to the hearing and may submit verbal or written comments. Any person(s) who cannot attend the public hearing but wish to submit comments should call the Office of Judge Executive at 270-965-5251 or submit to jada.williams@crittendencountyky.org by Wednesday, July 19, 2023 at 3:30 pm so that arrangements can be made to present their comments during the public hearing.

ORDINANCE SUMMARY

**COMMONWEALTH OF KENTUCKY
CRITTENDEN COUNTY FISCAL COURT**

AN ORDINANCE PURSUANT TO KRS 67.045 ADOPTING THE REPORT OF THE REAPPORTIONMENT COMMISSION AND RE-ESTABLISHING THE BOUNDARY LINES OF THE EXISTING JUSTICES OF THE PEACE DISTRICTS AND ADOPTING A MAP OF SAME.

WHEREAS, KRS 67.045(2) requires that the Fiscal Court of Crittenden County, Kentucky, maintain each Justice of the Peace district in a manner so that each such district be drawn so that the districts are compact, contiguous and the population of each district is nearly equal as possible; and

WHEREAS, KRS 67.045(4) requires that the Fiscal Court initiate reapportionment proceedings in May of the first year following the decennial census of the United States and at other times as appropriate; and

WHEREAS, the delay in the federal government's publication of census numbers caused the General Assembly to extend the time for initiation of reapportionment proceedings until May of 2023; and

WHEREAS, the Fiscal Court of Crittenden County has appointed as Reapportionment Commissioners Little Felton III, Kathleen Guess and Brennan Cruce, and Daryl Tabor as County Clerk; and

WHEREAS, the Reapportionment Commission filed its report with the Crittenden County Fiscal Court on June 27, 2023, indicating that existing Justices of the Peace Districts are not as equal as possible and therefore recommended change in such districts.

A complete copy of this ordinance can be obtained in the County Judge Executive's Office during regular business hours. A second reading of this ordinance will be held following the public hearing during the regular session of Crittenden County Fiscal Court, July 20, 2023, at 8:30 a.m.

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Valley View Windows, custom built vinyl windows, 3-week lead time. Free estimates. We install for new construction and replacement. Double-pane glass, low E and Argon or clear glass. Closed Thurs., Sat. and Sun. New Location: 2111 Turkey Knob Rd., Marion, Ky. 42064. (52t-26-p)

notice

Advertise your job opening, event, items for sale, auction etc. in this newspaper plus 83 other Kentucky newspapers including The Paducah Sun, Kentucky New Era (Hopkinsville), The Sturgis News, The (Princeton) Times Leader, The (Providence) Journal-Enterprise, The Union County Advocate, The Henderson Gleaner, The Livingston Ledger and The (Madisonville) Messenger and for only \$250. Save time and money by making one call for all! For more information, contact the classified department at (270) 965-3191 or email us at advertising@the-press.com.

public notice

The Peoples Bank, Marion, KY intends to apply to the Federal Reserve Board for permission to establish a branch at 600 Mammoth Cave St, Cave City, KY. The Federal Reserve considers a number of factors in deciding whether to approve the application including the record of performance of applicant

banks in helping to meet local credit needs. You are invited to submit comments in writing on this notice to the Federal Reserve Bank of St. Louis, P.O. Box 442, St. Louis, MO 63166-0442. Comments may also be submitted electronically to comments.applications@stls.frb.org. The comment period will not end before July 28, 2023. The Board's procedures for processing applications may be found at 12 C.F.R. Part 262. Procedures for processing protested applications may be found at 12 C.F.R. 262.25. To obtain a copy of the Federal Reserve Board's procedures, or if you need more information about how to submit your comments on the application, contact Holly Rieser, Senior Manager, at (314) 444-4713. The Federal Reserve will consider your comments and any request for a public meeting or formal hearing on the application if they are received in writing by the Reserve Bank on or before the last day of the comment period. (1t-28-c)

legal notice

Cooper Towing of of 3425 Mott City Rd., Marion, KY 42064 (270) 704-0943 is hereby notifying Richard Mundy that a 2011 Hyundai Genesis with a Vin# of KM-HHT6KD6CU078675 and plate # AWZ223KY will be sold July 27, 2023 to recover towing and storage fees. Vehicle was picked up on US Hwy. 641 in Marion on April 23, 2023. (3t-29-p)

Notice is hereby given that on June 28, 2023 Christy Eastwood of 1060 S.R. 1668, Marion, Ky. 42064 was appointed administratrix with will annexed of Darren Wyatt Young, deceased, whose address was 1060 S.R. 1668, Marion, Ky. 42064. Rebecca Johnson, P.O. Box 415, Marion, Ky., attorney. All persons having claims against said estate are hereby notified to present the same properly proven as required by law to the administratrix with will annexed on or before the 28th day of December, 2023 and all claims not so proven and presented by that date shall be forever barred.

All persons indebted to the estate of the above-named decedent, will please call and settle said debts immediately. Crittenden District Court Melissa Guill, Clerk (1t-28-c)

COMMONWEALTH OF KENTUCKY
CRITTENDEN CIRCUIT COURT
CIVIL ACTION NO.: 20-CI-00118
MID SOUTH CAPITAL PARTNERS, LP
PETITIONER
VS.
HOWARD COLEMAN,
ET AL RESPONDENT
NOTICE OF SALE

Pursuant to a Judgment and Order of Sale and to satisfy the judgment of the Plaintiff in the above styled action, the Commissioner will offer for sale on or about the hour of 10:10 a.m., July 31, 2023, at public auction to the highest bidder at the Crittenden County Courthouse, 107 South Main Street, Marion, Kentucky, the following described property: PROPERTY ADDRESS: 4211 State Route 70, Marion, Kentucky, 42064 PARCEL NO.: 049-10-04-003.00 FOR COMPLETE LEGAL DESCRIPTION SEE THE JUDGMENT AND ORDER OF SALE.

THE DESCRIPTION OF THE PROPERTY CONVEYED HEREIN WAS PROVIDED TO THE DRAFTSMAN BY THE PLAINTIFF AND THE DRAFTSMAN DOES NOT CERTIFY THE ACCURACY OF THE SAME NOR ANY EXISTING EASEMENTS

Terms: The following terms are in effect unless otherwise mentioned above: At the time of sale, the successful bidder shall either pay full cash or make a deposit of ten percent (10%) of the purchase price with the balance on credit for thirty (30) days. If the purchase price is not paid in full, the successful bidder shall execute a bond at the time of sale with sufficient surety to secure the unpaid balance of the purchase price. The bond shall bear interest at the rate the judgment bears, from the date of sale until paid. In the event the successful bidder is the plaintiff, then in lieu of the deposit the plaintiff shall be

allowed to bid on credit up to the judgment amount. To the extent applicable, the property will be sold subject to the statutory right of redemption. The purchaser shall be responsible for ad valorem taxes for the year 2023 and subsequent years. The sale may be canceled and any announcements made at the sale take precedence over printed matter contained herein. The Master Commissioner does not have access to the inside of any property and does not warrant title. The Master Commissioner only conveys pursuant to the Judgment and Order of Sale. The successful bidder has 10 days after the sale to examine title and file exceptions. Dated this the 29th day of June, 2023.

REBECCA J. JOHNSON
MASTER COMMISSIONER
217 WEST BELLVILLE STREET
P.O. BOX 415
MARION, KENTUCKY 42064
270-965-2222
CERTIFICATE OF SERVICE
I hereby certify that a true copy of the foregoing was filed with the Clerk's office and mailed on this the 29th day of June, 2023, to the following:
Hon. Hunter Jones
PO Box 414
Lexington, Kentucky 40588
hunter@hunterjoneslaw.com
Howard Coleman
4211 St. Rt. 70
Marion, KY 42064
Hon. Rebecca J. Johnson
Master Commissioner
PO Box 415
Marion, KY 42064
Bank One Credit Company, N.A.
C/O Any Officer or Managing Agent of Management Department
8620 North 22nd Avenue, Suite 108
Phoenix, AZ 85021
REBECCA J. JOHNSON
MASTER COMMISSIONER
(3t-30-c)

COMMONWEALTH OF KENTUCKY
CRITTENDEN CIRCUIT COURT
CIVIL ACTION NO.: 22-CI-00085
Electronically Filed
LOAN DEPOT.COM, LLC
PLAINTIFF
VS.
STEPHEN P. TRAMEL
DEFENDANT
NOTICE OF SALE
Pursuant to a Judgment and

Order of Sale and to satisfy the judgment of the Plaintiff in the above styled action, the Commissioner will offer for sale on or about the hour of 10:00 a.m., July 31, 2023, at public auction to the highest bidder at the Crittenden County Courthouse, 107 South Main Street, Marion, Kentucky, the following described property: PROPERTY ADDRESS: 2223 Mott City Road, Marion, Kentucky, 42064 MAP NO.: 071-10-04-004.00 FOR COMPLETE LEGAL DESCRIPTION SEE THE JUDGMENT AND ORDER OF SALE.

THE DESCRIPTION OF THE PROPERTY CONVEYED HEREIN WAS PROVIDED TO THE DRAFTSMAN BY THE PLAINTIFF AND THE DRAFTSMAN DOES NOT CERTIFY THE ACCURACY OF THE SAME NOR ANY EXISTING EASEMENTS

Terms: The following terms are in effect unless otherwise mentioned above: At the time of sale, the successful bidder shall either pay full cash or make a deposit of ten percent (10%) of the purchase price with the balance on credit for thirty (30) days. If the purchase price is not paid in full, the successful bidder shall execute a bond at the time of sale with sufficient surety to secure the unpaid balance of the purchase price. The bond shall bear interest at the rate the judgment bears, from the date of sale until paid. In the event the successful bidder is the plaintiff, then in lieu of the deposit the plaintiff shall be allowed to bid on credit up to the judgment amount. To the extent applicable, the property will be sold subject to the statutory right of redemption. The purchaser shall be responsible for ad valorem taxes for the year 2023 and subsequent years. The sale may be canceled and any announcements made at the sale take precedence over printed matter contained herein. The Master Commissioner does not have access to the inside of any property and does not warrant title. The Master Commissioner only conveys pursuant to the Judgment and Order of Sale. The successful bidder has 10 days after the sale to examine title and file exceptions. Dated this the 14th day of June, 2023.

REBECCA J. JOHNSON
MASTER COMMISSIONER
217 WEST BELLVILLE STREET
P.O. BOX 415
MARION, KENTUCKY 42064
270-965-2222
CERTIFICATE OF SERVICE
I hereby certify that a true copy of the foregoing was electronically filed with the Clerk's office and mailed on this the 14th day of June, 2023, to the following:
Stephen P. Tramel
2223 Mott City Rd
Marion, Kentucky, 42064
DOYLE & FOUTTY, P.C.
41 E Washington St., Suite 400
Indianapolis, IN 46204
REBECCA JOHNSON
MASTER COMMISSIONER
217 WEST BELLVILLE STREET (3t-30-c)

bid notice

NOTICE OF SURPLUS EQUIPMENT: The Crittenden County Fiscal Court has declared the following as surplus equipment and is making the equipment available for purchase by the highest sealed bid received. Selling by sealed bid is a 2012 black Dodge Durango 6 cylinder with approximately 182,000 miles, VIN #1C4RDJAG-8CC173183. The vehicle may be inspected at the County Road Garage 1901 U.S. Hwy. 60 E. Marion, and any questions may be answered by calling the office of the Sheriff at 270-965-3400. Bids must be received by mail at Crittenden County Fiscal Court 107 S. Main St. Ste. 208 Marion KY 42064 or by email to jada.williams@crittendencountyky.org by 3:00 p.m. July 19, 2023. Bids will be opened and read aloud at the regular meeting of the Fiscal Court on July 20, 2023 at 8:30 a.m. The Fiscal Court reserves the right to accept or reject any and all bids in accordance with KRS 45-A. (1t-28-c)

NOTICE OF SURPLUS EQUIPMENT: The Crittenden County Fiscal Court has declared the following as surplus equipment and is making the equipment available for purchase by the highest sealed bid received. Selling by sealed bid is a 1993 53' dry van trailer VIN

#1JJV532Y6PL190978. The trailer may be inspected at the County Road garage 1901 U.S. Hwy. 60 E. Marion, and any questions may be answered by calling Jason at the road garage at 270-965-0892. Bids must be received by mail at Crittenden County Fiscal Court 107 S. Main St. Ste. 208 Marion KY 42064 or by email at jada.williams@crittendencountyky.org by 3:00 p.m. July 19, 2023. Bids will be read aloud at the regular meeting of the Fiscal Court on July 20, 2023 at 8:30 a.m. The Fiscal Court reserves the right to accept or reject any and all bids per KRS 45-A. (1t-28-c)

BID NOTICE: The Crittenden County Fiscal Court is accepting sealed bids for the purpose of purchasing the following piece of equipment: a one ton, crew cab, 4x4, bright white truck, V8 engine, 8 speed automatic transmission, HD Vinyl seats, HD rubber floor matting, 235/80R/17E on/off road tires, electric shift on the fly transfer case, dual rear wheels. All bids must be received by 3:00 p.m. July 19, 2023, at the Crittenden County Fiscal Court 107 S. Main St. Ste. 208 Marion KY 42064 or by email to jada.williams@crittendencountyky.org. Bids will be opened and read aloud at the regular meeting of the fiscal court on July 20, 2023 at 8:30 a.m. The Fiscal Court reserves the right to accept or reject any and all bids in accordance with KRS 45-A. (1t-28-c)

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LIVINGSTON COUNTY, KY 91.09 - \$236,869 - Property has a diverse mix of habitat types and a LID system, numerous entry points along road frontage, hunter-friendly topography, a creek, and planted pines.

CRITTENDEN COUNTY, KY 55.78 - \$255,000 - This tract has the right blend of habitat types and a LID system, numerous entry points along road frontage, hunter-friendly topography, a creek, and planted pines.

LIVINGSTON COUNTY, KY - 113.44 ACRES - \$269,422 - All timber hunting tract. This tract is located in an area known for big bucks and has timber diversity.

LIVINGSTON COUNTY, KY - 119.44 ACRES - \$235,906 - Mostly timber hunting tract geared toward turkeys and whitetails. This tract has a diverse topography with dynamic terrain features and timber diversity.

LIVINGSTON COUNTY, KY - 189.63 ACRES - \$501,265 - All timber hunting tract. This property is a timbered ridge top with food plots and a natural saddle.

LIVINGSTON COUNTY, KY - 427 ACRES - \$918,237 - Timbered ridge top hunting tract! This tract has the ideal blend of habitat types for mature whitetails and wild turkeys.

CRITTENDEN COUNTY, KY - 201.98 ACRES - REDUCED! \$759,000 - This property has a diverse blend of habitat types and topography with a home, outbuildings and a proven history of big bucks. The home has 2,025 square feet of living space with three bedrooms and two bathrooms.

CRITTENDEN COUNTY, KY - 31.5 ACRES - REDUCED \$725,000 - Beautiful home and acreage in a quiet rural area near Marion. This property has a sprawling 4,998-square-foot home nestled in scenic landscape.

CRITTENDEN COUNTY, KY - 0.9 ACRES - REDUCED! \$105,000 - This rustic cabin with storage buildings provides the ideal base camp for your hunting adventures! This cabin has 1,192 square feet of living space with three bedrooms and one bathroom, a spacious living area with a fireplace, a full kitchen with plenty of cabinet space, a full bathroom and laundry room.

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PUBLIC HEARING

A public hearing will be held during regular session of the Crittenden County Fiscal Court at the courthouse on Thursday, July 20, 2023, at 8:30 a.m. for the purpose of obtaining citizens comments in regard to the proposed Ordinance to amend Ordinance 12-0-014, regulating the collection of subscriber fees/membership dues for fire departments, by increasing the membership charges/subscriber dues from \$30 per year to \$40 per year.

All interested people are invited to the hearing and may submit verbal or written comments. Any person(s) who cannot attend the public hearing but wish to submit comments should call the Office of Judge Executive at 270-965-5251 or submit to jada.williams@crittendencountyky.org by Wednesday, July 19, 2023 at 3:30 p.m. so that arrangements can be made to present their comments during the public hearing.

ORDINANCE SUMMARY

CRITTENDEN COUNTY FISCAL COURT

ORDINANCE AMENDING ORDINANCE 12-0-014 REGULATING THE COLLECTION OF SUBSCRIBER FEES/MEMBERSHIP DUES FOR FIRE DEPARTMENTS

AN ORDINANCE RELATING TO AMENDING ORDINANCE 12-0-014 BY INCREASING THE MEMBERSHIP CHARGES/SUBSCRIBER DUES

WHEREAS, the Crittenden County Fiscal Court on March 1, 2013, gave second reading and adopted Ordinance 12-0-014 establishing and regulating the collection of subscriber fees/membership dues for county volunteer fire departments; and,

WHEREAS, during the intervening time, the cost of equipping and training the volunteer fire departments has increased; and,

WHEREAS, the Crittenden County Fiscal Court finds that a well-equipped and trained volunteer fire department is in the best interest of the health, safety, and welfare of the public, now,

THEREFORE, BE IT ORDAINED BY THE FISCAL COURT OF CRITTENDEN COUNTY, KENTUCKY that Ordinance 12-0-014 is hereby amended as follows:

Section III – Membership Dues/Subscriber Fees

The following membership dues/subscriber fees shall be in place upon adoption of this Ordinance:

(a) Property Owner Dues/Fees: Each owner of real property located in Crittenden County shall pay \$30.00 \$40.00 annually. This fee is assessed regardless of the value, acreage, or number of parcels owned by a landowner in one or multiple districts.

Said dues/fees shall be added to the property tax bill of every property owner in Crittenden County, Kentucky excepting the incorporated geographical limits of the City of Marion, Kentucky and the following:

(i) Active volunteer firefighters

(ii) Churches and

(iii) Fire Department Boards of Directors.

A complete copy of this ordinance can be obtained in the County Judge Executive's Office during regular business hours. A second reading of this ordinance will be held following the public hearing during the regular session of Crittenden County Fiscal Court, July 20, 2023, at 8:30 a.m.



Social media: It's not just for kids anymore

Perhaps due to the popularity of social media among a generation of young people who grew up with it, platforms such as Instagram and Facebook are often associated with people born in the 21st century. However, a 2018 study from the Pew Institute found that 65 percent of adults between the ages of 50 and 64 used Facebook and 68 percent used YouTube.

Social media is often on the receiving end of negative attention, but it's also a potentially valuable tool that can help men and women over 50 stay connected with their communities. That's not always so easy for adults who no longer have children at home. And as its name suggests, social media can help users connect with others who share their interests. Such connections also can be hard to make for adults over 50.

Adults over 50 may be more comfortable with social media now than they were a decade ago, but it's still a good idea to brush up on basic security measures that can help men and women protect their privacy as they utilize platforms like Facebook, Twitter and Instagram.

- Protect your personal information. No social media user has the right to access your personal information, including your address, date of birth or other data unique to you. Avoid interacting with anyone who requests personal information, employing the function to block such users from connecting with you when possible. It's also important to keep information about travel plans private. For example, sharing details of an upcoming vacation can serve notice to potential criminals that no one will be in your house, making it a potential target for burglars.
- Aim for quality, not quantity, when building social media networks. Avoid accepting friend requests from individuals you don't know. Cyber criminals often gain access to victims via social media, so limit your social media network to people you know and trust.
- Turn off location information. The technology behind social media is impressive and even makes it possible to determine where users are when they tweet or post to other platforms. But many users, especially those concerned about their privacy, don't want to share location information with anyone, much less strangers. Turn off location information and routinely double check to make sure it's still turned off.
- Discuss others' privacy concerns before posting to social media. Social media isn't for everyone, and some people may not want photos of themselves or their children posted to platforms like Facebook or Instagram. Prior to posting pictures or information about other people, confirm that they're OK with you doing so.

Adults over 50 are engaging with social media. But no matter how comfortable users become, it's still best to keep various social media safety protocols in mind.

How to help a loved one who's suffered a stroke

Has a loved one of yours suffered a stroke? You may feel at a loss for how to support their rehabilitation. Here are some suggestions for helping them regain their autonomy.

Learn about strokes

Document the physical and emotional changes that may be affecting your loved one so you can better understand their needs. It's possible they may suffer subsequent strokes. Therefore, knowing how to intervene quickly will help both of you. Learn how to recognize signs and symptoms, like speech difficulties or weakness on one side of the body, so you'll be prepared if the need arises.



Go with them to rehab

Your loved one's rehabilitation begins as soon as their condition becomes sufficiently stable. It in-

cludes tasks and exercises recommended by the various healthcare professionals overseeing their recovery. Join in on those activities to make it a little

more fun and keep your loved one motivated.

Take care of yourself

Helping a stroke survivor can take its toll on your wellbeing. It may even become a physical, emotional and financial burden. Although your role in your loved one's rehabilitation is essential, it's also crucial that you not neglect yourself. You can unburden yourself of some worries simply by confiding in a friend. Seek extra help from another family member or community organization. Even spending time on a hobby can be restorative.

Visit heartandstroke.ca to learn more about stroke, join a support group for caregivers and get more self-care tips.

Normal aging: What to expect as you get older

From lapses in memory to joint pain and hair loss, a wide range of symptoms are often chalked up to getting old. But which changes are really considered a normal part of the aging process? Here's some of what you can expect as you get older.

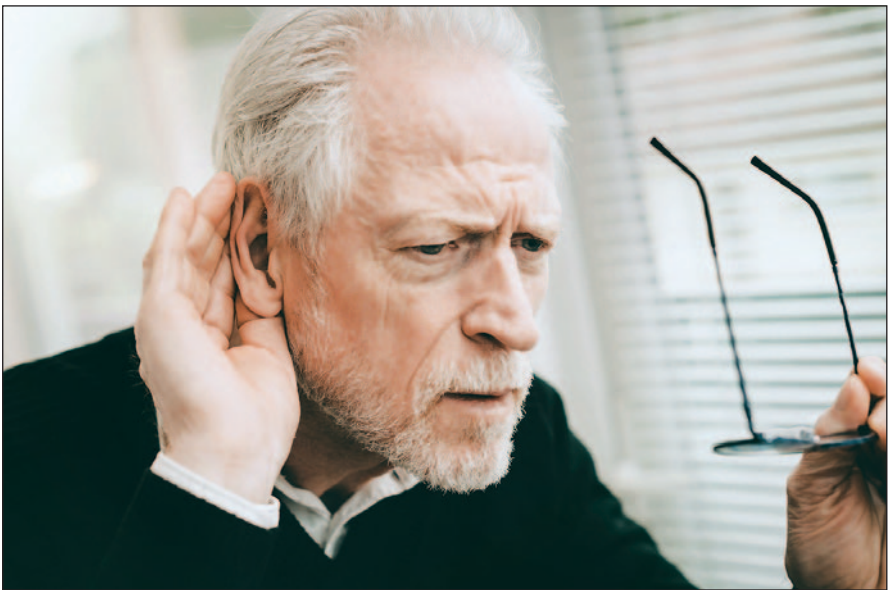
A different experience for everyone

Aging is a complex process that affects every system in the body. But while all people age, not everyone does so at the same rate. This means that people of the same age can look and feel very different as they get older. In other words, their chronological ages are identical, but their biological ages don't match.

Noticeable signs of normal aging

It's important to note that normal age-related changes happen gradually and aren't the result of an underlying medical condition. Nevertheless, aging does eventually have noticeable effects on the body, including:

- Weakened vision (presbyopia)
- Gradual loss of hearing (presbycusis)
- Slight decrease in memory



- and learning skills
- Loss of muscular endurance and strength
- Diminished sensations such as hunger and thirst
- Increase in percentage of body fat

Tips for healthy aging

The best way to delay the effects of aging is to maintain healthy lifestyle habits. Among other things, you should avoid smoking, limit

your alcohol consumption, exercise daily, get enough sleep, keep in touch with loved ones and challenge your mind with puzzles, reading and strategy games.

Finally, be sure to schedule regular appointments with your family doctor, optometrist, audiologist and other health-care professionals. This increases the likelihood of medical issues being detected and treated early.

AUDIOBOOKS Rediscover the pleasure of storytelling

Have you always loved reading but now find it difficult to see the words on the page? Do you find it hard to hold heavy books? Regardless of whether your reading ability has diminished, you can still experience the magic of audiobooks.

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An audiobook is a publication — be it a crime novel, fantasy series or biography — recorded in an audible medium. The reader may be a volunteer, celebrity, professional reader or the book's author. Your listening experience may be enhanced by the intonations in the reader's voice or whether the recording includes sound effects.

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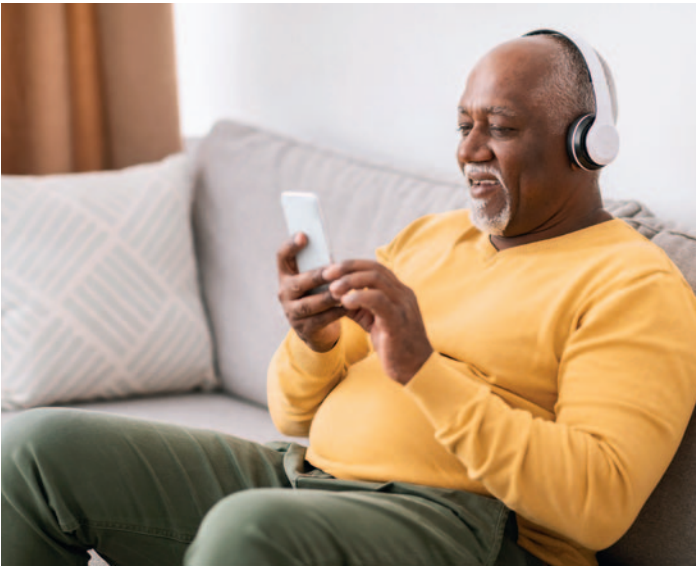
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If the audiobook is on a compact disk, simply insert it directly into an appropriate reader and press play. For a digital file, it may take a few steps to listen online or via an app downloaded to your tablet or smartphone.

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Digital audiobooks are available on several online platforms,



like online libraries or e-reader businesses. You can get compact disks from your local library. A library is a great option if you're on a tight budget. Whatever format you select, make sure you choose one compatible with your device. Happy listening!

Reducing your salt intake after 50

As you get older, monitoring your daily sodium intake becomes increasingly important. This is because consuming too much salt can negatively impact your health and longevity. Here's what you should know.

DAILY INTAKE

The recommended sodium intake for people between the ages of 14 and 50 is no more than 1,500 mil-

ligrams per day. This is the equivalent of less than one third of a teaspoon.

However, once you reach your 50s, your daily consumption should be reduced to 1,300 milligrams. And after the age of 70, this amount should go down to 1,200 milligrams.

Regardless of your age, consuming more than 2,300 milligrams of salt per day can adversely affect your cardiovascular health.

CONSEQUENCES

There are numerous health risks associated with a high-sodium diet. Consuming too much salt can, among other things, increase your risk of high blood pressure, stomach cancer and heart disease. Excess levels of sodium can also damage your kidneys and affect bone density.

HOW TO CUT BACK

The most effective way to reduce your salt intake is to pay attention to what you eat and make conscious dietary choices. Here are a few recommendations to get you started:

- Don't add salt when you're cooking
- Avoid processed food and frozen meals
- Use spices, herbs, garlic and vinegars to add flavor
- Don't put a saltshaker on the table at mealtimes
- Limit your use of condiments and bottled salad dressings
- Opt for the low-sodium version of snacks, sauces and soups

Don't hesitate to consult your doctor for more information on how to manage your salt intake.

Chocolate: a delicious source of benefits for seniors

Chocolate is enjoyed by people of all ages. Are you a senior citizen who enjoys this sweet treat? Chocolate with high cocoa content (at least 60 per cent) has many benefits when consumed in moderation. Here are some great reasons to indulge.



CHOCOLATE IS GOOD FOR YOUR HEART

Chocolate, specifically cocoa, contains flavonoids. These plant pigments have a positive impact on cardiovascular health. Flavonoids help reduce inflammation, which can be a risk factor for heart attacks. They also help lower bad cholesterol which helps to prevent high blood pressure.

CHOCOLATE FEEDS THE BRAIN

Cocoa is a source of antioxidants. Antioxidants stimulate the brain to help combat the cellular aging responsible for certain diseases like Alzheimer's. Cocoa also contains minerals that help slow cognitive decline.

CHOCOLATE IMPROVES MOOD

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How to make new friends after 50

The early years of midlife are a hectic time for many people. Around the time many people reach their late 30s and early 40s, they're balancing the responsibilities of a career and a family. But as people enter their 50s, some of those responsibilities tend to be less significant, leaving more time for recreational pursuits.

Hobbies and other pursuits outside of work are often more fun when enjoyed with friends. People over 50 undoubtedly recognize that it's not always so easy to make new friends, even though it's undeniably beneficial to have supportive relationships into your golden years.

REDUCED MOBILITY 4 tips for choosing a walk-in bathtub

Walk-in bathtubs are designed for people with mobility issues. They come with a watertight door and tend to be equipped with a bench and grab bars. Here are four tips to help you choose the right model for your needs.

Consider how it opens

The door to a walk-in bathtub can open either inward or outward. If you're in a wheelchair or use a walker, look for a model with a door that swings outward.

Think long-term

When choosing a bathtub, keep in mind that your mobility may further diminish as you age. Therefore, you may want to select a model with safety features that will come in handy later.

Discern your needs

Determine whether you'll use your bath daily or only occasionally. If you plan on using your tub often, ask yourself if you prefer sitting or lying down and if you want jets for a therapeutic experience.

Reflect on the filling system

Walk-in bathtubs often take a long time to fill and must be completely emptied before you can get out. Consequently, you may want a model with a quick-fill system and two drains.

Before making your choice, consult a professional who can help you evaluate your needs.

A 2017 study from researchers at Michigan State University found that valuing friendships was a stronger predictor of health and happiness among older adults than valuing family. Those results align with an earlier Australian study that found Australians age 70 or older tended to live significantly longer if they had more strong friendships.

Making friends after 50 might not be as simple as it was during your school days, but these strategies can help men and women in midlife build new friendships.

■ Identify your interests. Fiftysomethings who have spent the last couple of decades build-

ing a career and raising a family can give some serious thought to their interests outside of work or passions they hope to pursue now that they have more time to commit to such pursuits. The more interested you are in a given activity, the more likely you are to stick with it. And the longer you stick with something, the more likely you are to meet like-minded individuals (i.e., future friends) willing to make similar commitments.

■ Utilize social media. In years past, men and women over 50 may not have had any readily available tools to reach out and connect with new people. Social media has made it much

easier to build such connections. Even the most obscure passions likely have a social media group of locals devoted to them, and these groups can be great ways to meet new people. A local runner's club may have its own social media accounts, and local governments and community groups often share information about sports leagues and other groups via social media.

■ Sign up for group outings. Communities

often sponsor group outings to museums, the theater, sporting events, and other day trips. Signing up for a bus trip to a local museum presents a great opportunity to meet people who share your interests, providing the potential to build lasting friendships built on a foundation of shared interests.

■ Broaden your horizons. Just because you're in your 50s doesn't mean your friends have to be.

Don't hesitate to invite younger or older acquaintances and colleagues over for dinner or on weekend excursions. Friends come in all shapes, sizes and ages, so you could be missing out if you're not willing to extend a hand in friendship to people of different ages and backgrounds.

Making friends after 50 can be challenging. However, various strategies can help men and women over 50 connect with new people.

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